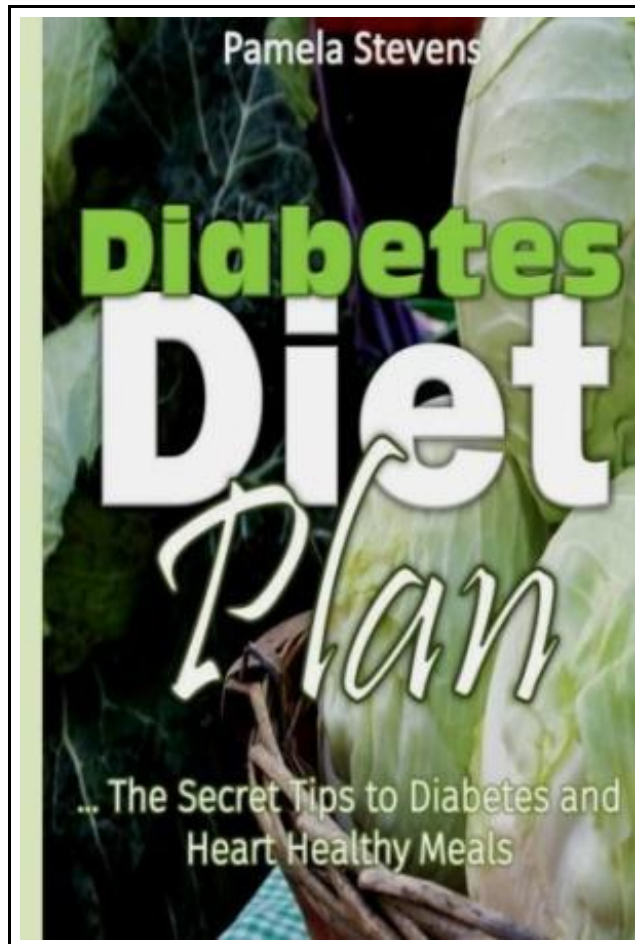


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Createspace Independent Publishing Platform, United States, 2016. Paperback. Book Condition: New. Large Print. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****. The Diabetic Diet Plan: Secret Tips to Diabetes and Heart Healthy Meals helps the reader to learn exactly what diabetes is and how it can negatively affect the body. The instances of diabetes have been increasing at an exponential rate in the last few years and as such it is important that the information on the disease and it causes and effects be available. Now because of the seriousness of this health challenge, I want us to start up by taking our cue from Wikipedia, the online free encyclopedia. It defines Diabetes mellitus also known simply as diabetes, as a group of metabolic diseases in which there are high blood sugar levels over a prolonged period. This high blood sugar produces the symptoms of frequent urination, increased thirst, and increased hunger. However, the problem comes when we leave these symptoms unattended to, in other words, untreated and then the diabetes develops into other issues that lead to many complications. Well, one of the acute complications case is known as diabetic ketoacidosis and nonketotic hyperosmolar coma. But when you are not taking it serious . handling it with kids gloves, you may have a much more serious long-term complications like heart disease, stroke, kidney failure, foot ulcers and even damage to the eyes. The author cites his own personal experiences throughout the text as some of her close relative are diabetic. It can be a debilitating disease but with the right course of treatment and the right diet, it can be kept under control. Therefore, get your copy and gain access to the details. Yes, get this book NOW. and you will be...

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